



# IMPACT REPORT 2023



The Adelaide Crows Foundation is a for-purpose organisation delivering evidence-based health, education and inclusion services supporting disadvantaged children and youth to reach their full potential. 2023 was our 18th year supporting the South Australian community and was our most impactful year with over 20,000 South Australian children and youth accessing our programs and services year-round.



We use the power of sport to empower South Australian children and youth in need to reach their full potential

— Kate Thiele, Chair, Adelaide Crows Foundation



## ACKNOWLEDGEMENT TO COUNTRY

The Adelaide Crows Foundation acknowledges the Kaurna people as the Traditional Custodians of the Adelaide Plains Region. We also acknowledge all Aboriginal and Torres Strait Islander peoples throughout Australia as the Traditional Owners of their country and their ongoing connection to land, sea and waters. We pay our respect to them, their cultures, and Elders past, present and emerging.

## **OUR 2023 FOOTPRINT**

#### **PROGRAM PILLARS**









# PARTICIPATION FOOTPRINT





### AGE FOOTPRINT







#### **REGIONAL FOOTPRINT**

61%

3%
ADELAIDE
HILLS

12% EYRE 8 WESTERN 5%

3% LIMESTONE COAST

11% MURRAY & MALLEE 5% YORKE & MID NORTH

#### SCHOOL FOOTPRINT PUBLIC RELATIONS

74%
1-4 ON THE INDEX
OF EDUCATIONAL
DISADVANTAGE

26% 5-7 ON THE INDEX OF EDUCATIONAL DISADVANTAGE



# **OPEN PARACHUTE**

Delivered in partnership with the Sebastian Foundation, the Open Parachute Program is a cutting edge well-being program aimed at upskilling students, parents and teachers through peer role-modelling. The program tackles the child and youth mental health crisis by teaching clinically proven practical resilience skills. Participating schools also receive an in-person Crows Resilience Talk where AFL players share their lived experience of building resilience and overcoming mental challenges.

#### **HOW IT WORKS**

YEAR-ROUND STUDENT
WELLBEING CURRICULUM

2 TEACHER SUPPORT

PARENTAL RESOURCES

## **OBJECTIVES**

GROW TEACHER CAPACITY
IN EXPLORING MENTAL
HEALTH CONCEPTS

2.
BUILD STUDENT RESILIENCE

**3**ELEVATES STUDENT WELFARE









14%

TEACHER'S
COMFORT
DISCUSSING
THEIR OWN
MENTAL HEALTH
WITH OTHERS



34%

INCREASE
IN TEACHER
CONFIDENCE
IN PROVIDING
SUPPORT OF
STUDENTS WHO
ARE STRUGGLING
EMOTIONALLY IN



**24%** 

PERCEIVED
PREPAREDNESS OF
STUDENT'S ABILITY
TO MANAGE
WELLBEING
CHALLENGES EG.
SKILLS TO BUILD
SELF ESTEEM.



13%

INCREASE
IN TEACHER
CONFIDENCE
IN DELIVERING
MENTAL HEALTH
LESSONS TO
STUDENTS



The Open Parachute program has been intergral to our whole school's proactive wellbeing strategy.

- Leanne Davies, Head of Wellbeing, Adelaide High School

## **STEMFOOTY**

STEMfooty tackles the gap in STEM education and awareness of career pathways among students, limiting their ability to pursue careers in the growing STEM industry. Our innovative STEM curriculum aims to translate student's love and passion for AFL into an appreciation and understanding of science and mathematics. STEMFooty provides a free 10-week program targeting year 7 students, offering over 30 hours of innovative in-class learning which delivers 50% of the annual mathematics and science Australian Curriculum and Reporting Standards (ACARA).

#### **STEMFOOTY STRUCTURE**

UNIT 1
Introduction
to AFL

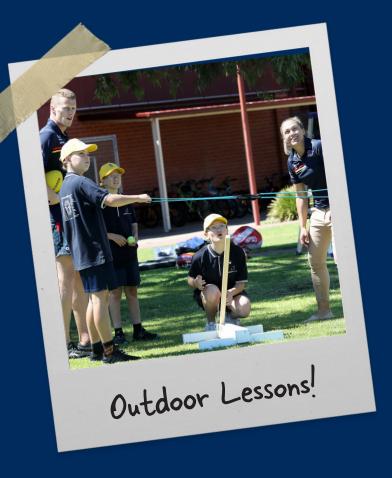
UNIT 2

AFL
Statistics

UNIT 3
Nutrition &
Morphology

UNIT 4
Distances

School Visit (Trajectory)



### **OBJECTIVES**

IMPROVED CAPABILITY
AND ENGAGEMENT IN STEM
EDUCATION

GREATER CONFIDENCE FOR TEACHERS TO INTEGRATE STEM PRINCIPLES

INCOME AND ECONOMIC GROWTH BENEFITS







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STEMfooty has been a game changer in our curriculum improving our student's interest in mathematics and science, which has translated to improved academic results — - Adriaan Vollebregt, Teacher at St Columba College

## **ACADEMIC IMPACT**



IMPROVEMENT IN ACADEMIC RESULTS ACROSS THE WHOLE COHORT.



**70**%

IMPROVEMENT IN ACADEMIC RESULTS ACROSS INDIGENOUS STUDENTS.



**55%** 

IMPROVEMENT
IN ACADEMIC
RESULTS ACROSS
ENGLISH AS
A SECOND
LANGAGE
STUDENTS



**15**%

IMPROVEMENT IN MOTIVATION ACROSS THE WHOLE COHORT.

## **KUWA CIRCLES**

In Australia, approximately 40% of First Nations youth aged 20-29 are not actively involved in employment, education, or training. Kuwa Circles is a transformative, culturally safe education and development program designed to enhance participants' personal and career growth, with the primary goal of integrating at-risk youth into the workforce. By providing a culturally sensitive and empowering environment, Kuwa Circles aims to empower participants to achieve their full potential, bridge the gap between education and employment, and create sustainable pathways for success within the workforce.



### **HOW IT WORKS**

- KUWA CONNECTIONS CULTURAL LEARNING AND
  SUPPORT
- KUWA CONCEPTS STEM EDUCATION AND CAREER PATHWAYS
- KUWA CAREERS
   CAREER READY
- GRADUATION EMPLOYMENT NETWORKING









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I feel like I have developed more self-confidence and self-growth, and it has encouraged me to try new things and not to be afraid of pursuing STEM careers.

- Program Participant





## **CROWS ON COUNTRY**

Crows On Country provides a tailored, culturally inclusive education program, which aims to translate First Nations student's love and passion for AFL to increase school attendance and literacy in science and mathematics. The program has been adapted to be culturally safe in partnership with remote schools and teachers. The structure consists of a modified bilingual resource using differentiated pedagogy that unlocks the potential of Aboriginal and Torres Strait Islander students with suggested alignment to ACARA.

### **HOW IT WORKS**











## **OBJECTIVES**

1.

INCREASE SCHOOL ATTENDANCE

INCREASE CONFIDENCE
AND DEVELOPMENT
FROM TEACHERS

3.

IMPROVED SOCIAL OUTCOMES FOR RURAL REGIONS



## **CROWS CARE**

Crows Care is about providing quality experiences to children and families in-need. Through this program we empower our AFL players to give back to people, community groups and local charities with the mission to make South Australia a great place for children to live, learn and play.

## **SCALE & IMPACT**



SH DAY TICKET ROVIDED TO DEEN IN EXCETE CHILDREN
PARTICIPATED
IN THE CROWS
INCLUSIVE
ACADEMY





Inner sanctum experiences







Meeting the Players!



If I could rate Jadyn's experience with the Adelaide Football Club out of 100, it would land somewhere between 300 and 400. The entire time Jaydn had the biggest smile, something I had not seen for a long, long time - Jadyn's grandmother, Angela

## **OUR PARTNERS**

### PROGRAM PARTNERS



openparachut?





















### MISSION PARTNERS









### CROWS CARE PARTNERS



















